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**Treasure Valley  
Wine Society  
2007 Board of Directors**

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Lewis Wardle  
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**Board meetings are usually on the first Tuesday of the month. Attendance by members is encouraged. Call for the location.**



# In Good Taste

## *The Wines Flow (Walt Thode)*

This past winter has seen a nice variety of Treasure Valley Wine Society activities. In December, we had our fifth annual sparkling wine tasting, always a nice holiday treat. In January, we had our usual once-a-year business meeting with its two main objectives—the re-upping of membership dues for everyone, and the election of officers for the coming year. We also had a blind tasting of a number of Bordeaux wines, arranged by Robin Young. In February, we focused on wines from the Tuscany and Piedmont regions of Italy, along with a slide show presented by Ted Judd, who had just returned from what he described as a wonderful trip.

The coming spring season should offer a similar variety. The March meeting will offer some wines from the increasingly renowned Walla Walla area in eastern Washington. (See the notice about this on the last page.) April will bring a tasting of a variety of wines, or, as the invitation which will appear shortly puts it, “Really good wines you have never heard of, can-

not pronounce, and are from who know where.” Finally, in May we are scheduled for a tasting of wines from Greece. Variety is the spice of life, or so I’ve heard. We have it in the Treasure Valley Wine Society.

An organizational note: Brian Hoelscher has decided he can no longer serve as our president, and has resigned from that office and the board. The board has selected Bob Thornton as the president for the rest of the year. Also, Melanie Krause, who was voted onto the board at our January meeting, has concluded that she cannot serve, and has also resigned. The board is now constituted as shown at left, with a decision forthcoming about a new vice president.



A Tuscan wine cellar (Ted Judd photo)

### Upcoming Events:

All TVWS meetings are the 3rd Tuesday of the month unless otherwise noted.

- Mar. 20: TVWS meeting, Walla Walla wines; 7 p.m., Crystal Ballroom, Hoff Bldg., 802 W. Bannock St., Boise
- Apr. 15-21: Beaux Arts Wine Festival, with big tasting & auction on Apr. 20, Boise Centre on the Grove
- Apr. 17: TVWS meeting, featuring “wines you’ve never heard of;” 7 p.m., Crystal Ballroom, Hoff Bldg., 802 W. Bannock St., Boise
- May 13: Mother’s Day at Sawtooth Winery
- May 15: TVWS meeting, Greek wines; details to follow
- Jun. 17: Father’s day at Indian Creek Winery
- Jun. 19: TVWS meeting, sensory tasting; details to follow
- Jul. 17: TVWS meeting, annual summer picnic; details to follow
- Aug. 25: Fourth Annual Idaho Wine Festival, at a site to be determined; details to follow
- Sep. 18: TVWS meeting, theme and details to follow
- Oct. 16: TVWS special event; details to follow
- Nov. 20: TVWS meeting, theme and details to follow
- Dec. 18: TVWS meeting, champagne tasting; details to follow

(If you know of events to include, send them to wftthode@rmci.net.)

## Idaho Wineries

### Bitner Vineyards

16645 Plum Rd.  
Caldwell, ID 83607  
(208) 454-0086  
By appointment only

### Blue Rock Vineyard & Wines

4060 North 1200 East  
Buhl, ID 83316  
(208) 543-6938  
By appointment only

### Camas Prairie Winery

110 S. Main St.  
Moscow, ID 83843  
(208) 882-0214  
Tues-Sat 12 noon-6:30

### Carmela Vineyards

795 W. Madison St.  
Glenns Ferry, ID 83623  
(208) 366-2313  
Daily (summer) 9-9

### Clearwater Canyon Cellars

Lewiston, ID  
Coming soon

### Coeur d'Alene Cellars

3890 N. Schrieber Way  
Coeur d'Alene, ID 83815  
(208) 664-2336  
By appointment only

### Cold Springs Winery

Cold Springs Rd. (P.O. 105)  
Hammett, ID 83627  
By appointment only

### Floating Feather Winery

3350 Ballantyne Ln.  
Eagle, ID 83616  
Coming soon

### Frenchman's Gulch Winery

115 Northwood Way  
Ketchum, ID 83340  
(208) 726-0118  
Thur-Fri 3-6

### Galena Summit Winery

336 Lewis St., #6  
Ketchum, ID 83340  
(800) 228-8626  
By appointment only

### Hegy's South Hills Winery

3099 E. 3400 N.  
Twin Falls, ID 83301  
(208) 734-6369  
By appointment only

### Hells Canyon Winery

18835 Symms Rd.  
Caldwell, ID 83605  
(208) 454-3300  
Sat-Sun 12-5 or by appt.

### Holesinsky Vines

Buhl, ID  
Coming soon

### Indian Creek Winery

1000 N. McDermott Rd.  
Kuna, ID 83634  
(208) 922-4791  
Fri-Sun 12-5 or by appt.

### Koenig Distillery & Winery

20928 Grape Ln.  
Caldwell, ID 83605  
(208) 455-8386  
Sat-Sun 12-5

## Who is the Treasure Valley Wine Society?

**W**ho is the TVWS? The TVWS is a chapter of the Enological Society of the Pacific Northwest. The parent society was formed in 1975 and today has chapters throughout the Northwest, including another Idaho chapter, the Palouse Chapter, in Moscow, Idaho. We are a chapter representing the wine enthusiasts of the Snake River Valley and surrounding areas. We became organized in 2001 and today have more than 100 members and disseminate information to several hundred more interested people. We are a society “dedicated to the education of its members in viticulture and enology and in the appreciation, knowledge and proper use of wine.”

But really: who is the TVWS? It is a group of member/volunteers. It is all of us. While the elected Board of Directors and Officers make sure the business and property of the chapter are managed, the TVWS is a team effort. It is you who prepare publications like *In Good Taste*. It is you who help plan and host monthly events. It is you who unselfishly offer your time for the Idaho Wine Festival. So, the TVWS is you.

From our humble beginnings, we have grown. The recent Tuscan Cellar Tour tasting was a huge success. Kudos to all of you. With success, however, we cannot begin to assume future events are scheduled, plans have been made, and the wine will flow. We cannot sit idly by. Each event takes a new group of dedicated volunteers, guided by the Event Coordinator, to continue the wine experiences we have come to enjoy.

I highly encourage each of you...the TVWS... to ask yourself how you can become involved. You may wish to just provide your input and ideas for upcoming events. These events are for your enjoyment. We would appreciate hearing from you. You may also wish to become more involved. You may want to start small and help with just one task, or you may feel motivated and want to tackle more. Please let the Board of Directors know how you feel and if you would like to become more involved.

Who is the TVWS? It is all of us. During the coming year make an imprint of yourself on your wine group. It is the best way to assure you get the most out of the TVWS. ☺

## White Wine's Influence on the Lungs (Jennifer Jordan)

**F**or years now, we've been praising the health benefits of red wine, raising our glasses and toasting Merlot as bottles of white wine sit in the corner, fermenting with jealously. Because red wine has been known to have a positive impact on the human body, with particular benefits to the cardiovascular system, we drink it and we heart it.

Not to be outdone by its colorful adversary, studies have recently found white wine to be beneficial to health as well. While both red and white wine aid in lung function, white wine has a more positive impact on lung health.

According to a study by the American Thoracic Society, a positive link between white wine and lung health was found for people who drank between one and three glasses a day. These people possessed overall better lung function than those who drank red wine, or other alcoholic beverages. This study also took into account several other variables such as the wine drinker's general health, age, and whether or not they were a smoker.

Because white wine contains higher levels of flavonoids, a group of plant substances known for their antioxidant activity, researchers believe that white wine soaks up the toxins in the blood, like a “mop and glo” for the thorax, reducing inflammation of the airwaves in the process. This helps protect the lungs.

Drinking white wine may also be beneficial because of the presence of free radicals lurking in the human body. If antioxidants are the “peacekeepers” of the chemical compound world, with their main goal being to keep the body void of disease and destruction, free radicals are the bad seeds, often caught red-handed spraying graffiti of cancer and illness on internal organs. White wine, however, possesses the ability to stop the creation of free radicals, taking away their can of spray paint and leaving them enervated.

All of these factors add up to better lung function, with each glass increasing respiratory performance. According to a study at the University of Buffalo School of Medicine and Bio-

medical Sciences, one glass of white wine produced 1.5% higher lung function. Three glasses of white wine produced 3.0% higher lung function. This is not to say that people should be chugging gallons and gallons—huge amounts of white wine won't give people the ability to breathe underwater—but drinking white wine in moderation may make a human's lungs operate at a higher level of performance. This can, on average, add one to three more years to a person's life span.

## How TVWS Events Happen *(Robin Young)*

One of the board members of the Treasure Valley Wine Society has heard questions from attendees at our events about who gets to take home the food and wine from an event... and how the board gets 'privileges' paid for by the members. This person thought a summary of policies in the newsletter would help.

A typical Board of Director's meeting held on first Tuesday evenings are open to the membership and the Board members do NOT use any TVWS funds. Each board member pays out of pocket or brings wines and foods to share. Whether held in a private home or at a commercial wine venue, we all contribute an equal share to cover expenses. Buying wine, and sometimes food, from the venue helps keep TVWS image in good professional standing with the owner of the venue, meaning they would not hesitate to have us return. We also try to tip any servers.

As far as making the arrangements for TVWS meetings are concerned, the person who volunteer to host a tasting, like Ted's recent Italian Tour or Robin's Bordeaux blind tasting, selects the wines to be tasted and purchases enough for every event attendee to get at least a one-ounce pour for tasting. It helps the host immensely to know a few days ahead of the tasting how

## Snake River Valley Approved as AVA *(March 12 press release)*

Idaho's Snake River Valley has been designated as an American Viticultural Area (AVA) by the U.S. Alcohol and Tobacco Tax and Trade Bureau, an important distinction that brands the southern portion of the state as America's next great wine region.

The Idaho Grape Growers and Wine Producers Commission received word last Friday that approval of its application for an AVA designation has been published and that the Snake

With red wine bragging about its ability to lower cholesterol and lower blood pressure, white wine has been left in the shadows, unable to boast about a benefit of its own. But, with new studies, people are learning that white wine may be as beneficial as red, its benefits just involve a different organ. If our hearts belong to red wine, our lungs belong to white, allowing both white wine drinkers and bottles of overzealous Pinot Gris to breathe easier. †

many people have returned an RSVP. Sometimes that means buying as many as four bottles of each wine to be tasted. If fewer bottles are used, the TVWS reimburses the host only for the bottles of wines opened and poured. The host has the option of returning unopened bottles to the store where he/she purchased them or, having paid out of pocket for them, takes them home to enjoy. As far as the food bites selected to accompany the wines are concerned, the host purchases cheese, bread and the ingredients for other taste bites out of pocket and only charges the TVWS for the cost of food actually eaten at the event. So far, we have not charged for preparation time. If food is left over, it should not go to waste. Some members express a desire to take some home and hosts are usually willing to share the leftovers with those members expressing an interest. Sometimes the host can freeze the remainders for their own use. Again, the TVWS is only charged for the food actually served and eaten at the event.

Money paid by attendees at each month's tasting event covers the cost of rent for the location, the wines poured, the food actually served and sometimes any paper info handouts accompanying the wines. †

River Valley is now officially recognized as a unique grape growing region capable of producing excellent wines.

"A combination of the area's microclimates, soil, and other growing conditions make the valley a premium grape producing area," said Ron Bitner, acting director for the commission. "Those of us who produce wine here have known that for some time. Others are just now finding out." †

### Idaho Wineries (continued)

**Micelli Vineyards**  
8114 Owyhee View Ln.  
Givens Hot Springs, ID 83641  
(208) 896-5803  
By appointment only

**Parma Ridge Vineyards**  
24509 Rudd Rd.  
Parma, ID 83660  
(208) 722-6885  
By appointment only

**Pend d'Oreille Winery**  
220 Cedar St.  
Sandpoint, ID 83864  
(877) 452-9011 toll free  
Tasting room & gift shop open daily all year; tours by appointment

**Sawtooth Winery**  
13750 Surrey Ln.  
Nampa, ID 83686  
(208) 467-1200  
Fri-Sun 12-5; call for tours

**Silver Trail Vineyards**  
343 Avenue E  
Kuna, ID 83634  
(208) 922-2111  
Mon-Thurs 10-5, Fri-Sat 10-7, Sun 11-5

**Snake River Winery**  
Arena Valley @ Dixie Rds.  
Wilder, ID  
(208) 722-5858  
By appointment only

**Ste. Chapelle Winery**  
19348 Lowell Rd.  
Caldwell, ID 83605  
(208) 459-7222  
Mon-Sat 10-4 Sun 12-4  
Tours on the hour

**Terra Nativa Vineyards**  
100 Bene Posto  
Boise, ID 83712  
No visitor facilities

**TimberRock Winery**  
2338 S. Big Rock Rd.  
Post Falls, ID 83854  
(208) 777-9669  
By appointment only

**Vickers Vineyards**  
15446 Sunny Slope Rd.  
Caldwell, ID 83607  
No visitor facilities

**Weston Winery**  
16316 Orchard St.  
Caldwell, ID 83605  
(208) 459-2631  
By appointment only

**Williamson Winery**  
14252 Sunnyslope Rd.  
Caldwell, ID 83605  
(208) 459-1612  
Fri-Sun 12-5

**Winery at Eagle Knoll**  
3705 Hwy 16  
Eagle, ID 83616  
(208) 286-9463  
Daily 11-6

*More are coming. Watch this space.*

The quarterly newsletter of the Treasure Valley Wine Society, dedicated to the education of its members in viticulture and enology and in the appreciation, knowledge and proper use of wine.



Mailing address: P.O. Box 7623,  
Boise, ID 83707-7623

CHECK OUT THE IDAHO  
WINES WEB SITE:  
**IDAHO WINE.ORG**  
ALSO, TRY THIS SITE:  
**www.rockinrs.com/  
TVWSIndex.htm**

### Wine Shops in Southwest Idaho

**Amici Coffee & Wine**  
1540 E. Iron Eagle Dr., Eagle  
939-7758

**A New Vintage**  
1400 N. Eagle Rd., Meridian  
855-9230

**Bacquet's**  
350 N. Milwaukee St., Boise  
376-9463

**Boise Co-op**  
888 W. Fort St., Boise  
472-4519

**Di Vine Wine**  
400 S. Main St., Halley  
788-4422

**Di Vine Wine**  
2310 E. Overland Rd., Meridian  
887-6262

**Eighth Street Wine Co.**  
405 S. 8th St., Boise  
426-9463

**Erickson's Fine Wines**  
150 E. Riverside St., Eagle  
938-3698

**The Grape Escape**  
800 W. Idaho St., Boise  
368-0200

**La Cantina**  
3395 N. Cole Rd., Boise  
377-0224

**Piazza di Vino**  
212 N. 9th St., Boise  
336-9577

**Music of the Vine**  
Caldwell  
454-1228

**The Porterhouse**  
600 Riverside Ln., Eagle  
938-1441

**Sun Valley Wine Co.**  
360 Leadville Ave. N., Ketchum  
736-2442

## Where to Look for Information about TVWS

Recently, the Treasure Valley Wine Society has gotten a new web address. Please bookmark [www.treasurevalleywinesociety.org](http://www.treasurevalleywinesociety.org). We are developing the site and expect to have basic functions operational later this spring. Until then, we are directing visitors to the old address at [idahowine.org/winesociety.htm](http://idahowine.org/winesociety.htm). You might also check Bob and Robin Young's site: [www.rockinrs.com/TVWSIndex.htm](http://www.rockinrs.com/TVWSIndex.htm).

As our official site develops, we will be able to post exciting news about upcoming events, accept secured payment online, maintain a mailing list of registrants wanting to receive news from the TVWS, and yes, post the newsletter directly to the web. We are excited about the possibilities and would like to hear from you regarding its use. See you online. Y

## The Idaho Wine Festival Needs Volunteers

The date for the Fourth Annual Idaho Wine Festival, produced each year by the Treasure Valley Wine Society, has been set. Put **August 25, 2007** on your calendars. This year we are looking to make the experience somewhat more intimate, and are searching for a different venue. The committees are getting an early start on planning to ensure the event is better than ever. We encourage anyone who wants to help put on a fun event to volunteer. Below is a list of committee chairs and their contact information. Contact us if you wish to become involved.

IWF Coordinator	To be determined
Treasurer	Robert M. Parker <a href="mailto:gailmcc@cablone.net">gailmcc@cablone.net</a>
Facilities Chair	Gail McClellan Parker <a href="mailto:gailmcc@cablone.net">gailmcc@cablone.net</a>
Judging Chair	Robin Young <a href="mailto:Robin@rockinrs.com">Robin@rockinrs.com</a>
Wine Stewards Chair	Jerri Nelson <a href="mailto:jerri-nelson@hotmail.com">jerri-nelson@hotmail.com</a>
Media Co-Chairs	Lynette Berriochoa <a href="mailto:lberriochoa@idahopower.com">lberriochoa@idahopower.com</a> Allison Gillis <a href="mailto:allisongillis@gmail.com">allisongillis@gmail.com</a>
Wine Pourers Chair	Carletta King <a href="mailto:carlettaking@msn.com">carlettaking@msn.com</a>
Winery Chair	To be determined
Ticketing Chair	To be determined
Décor/Refreshments	To be determined

## Walla Walla Wines on March 20: New Location

Host: Treasure Valley Wine Society

Location: Crystal Ballroom, The Hoff Building, 802 W. Bannock St., Boise

When: Tuesday, March 20, 7:00 p.m.

The wines of Walla Walla are coming to us. Two Walla Walla winemakers, Trey Busch with Basel Cellars and Justin Wylie of VaPiano Winery, are bringing their wines for us to taste. As we enjoy their wines, and some from other Walla Walla wineries, we will see a presentation on Walla Walla as a wine region, its growth and phenomenal success.

This tasting will be in a new location for TVWS, the Crystal Ballroom, located on the 2nd floor of the Hoff Building in downtown Boise. Lots of room to talk and taste, but the wine is limited so let us know if you are coming to reserve your space

Cost: \$20 for Members, and \$30 for Non-Members

## A Wine Quiz (Forwarded by Ted Judd)

Just for fun, take this test on wine.

[http://www.fineliving.com/fine/pac\\_cntnt\\_988/text/0,,FINE\\_26036\\_58701,00.html](http://www.fineliving.com/fine/pac_cntnt_988/text/0,,FINE_26036_58701,00.html)

## A Wine Review (Forwarded by Bob Young)

Just thought you would like to know that Gary Vaynerchuk (NJ), one of the IWF judges this year, has rated the 2003 Sawtooth Chardonnay. He also says some nice things about the IWF. Check the following:

[tv.winelibrary.com:80/2007/03/08/episode196/](http://tv.winelibrary.com:80/2007/03/08/episode196/).